

42nd Annual InterCourt Conference



Session 2F: Maximize Your
Leadership and
Engagement

March 12, 2026
Hilton Columbus at
Easton Town Center
Columbus, OH

FACULTY BIOGRAPHIES

SHERENE MCHENRY, PH.D. transforms organizations through powerful, practical strategies. Known as The People IQ Expert®, she combines humor with evidence-based insights to help teams and leaders thrive in today's challenging business environment.

Born for the stage and armed with a teacher's heart from 18 ½ years as a graduate professor, Dr. McHenry brings her Ph.D. in Counseling and decades of experience to every presentation. She's lived through toxic workplaces and dysfunctional relationships, emerging with hard-won wisdom about what does and doesn't work. Dr. McHenry holds a Bachelor of Business Administration from Wingate University, a Master of Education from The University of South Carolina, and a Ph.D. in Counselor Education from the University of Wyoming.

This combination of academic expertise and real-world experience allows her to address tough topics with both authority and empathy. A Certified Speaking Professional (CSP) and Licensed Professional Counselor (LPC), Dr. McHenry has spoken on three continents.

She's authored several influential books, including *Navigate: Understanding the Five Types of People* and *Pick: Choose to Create A Life You Love*. Her syndicated magazine column on workplace relationships reached professionals worldwide, and she's served as president of the Michigan National Speakers Association.

Maximize Your Leadership Engagement

Sherene McHenry, PhD
Author and Professional Speaker





Maximize Your
LEADERSHIP

Sherene
McHENRY, PhD, CSP



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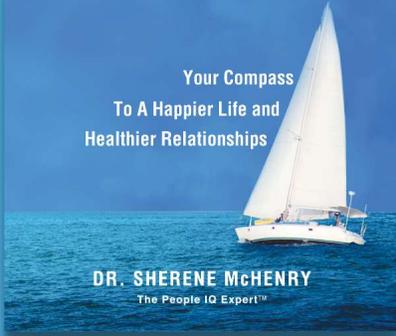
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NAVIGATE

Understanding the Five
Types of People

Your Compass
To A Happier Life and
Healthier Relationships



DR. SHERENE MCHENRY
The People IQ Expert™



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